



**COOK
COUNTY**
BENEFITS CONNECT

Spend Your FSA Balance by March 15

You made a smart move in 2018 by putting money in your Flexible Spending Account for your healthcare needs. But you must spend your FSA balance by March 15, 2019, or it's gone forever.

Here's another smart move: Go to fsastore.com and choose from more than 4,000 FSA-eligible products and services to get the most out of every dollar in your account.

Get ready for spring break with the Travel Essentials bundle, including sunscreen, a first-aid kit and more. Or take care of everyday aches and pains with orthotics or an electromagnetic massage unit. And, of course, you can stock up on a wide selection of over-the-counter medicines and pharmacy items. (Some may require a prescription from your doctor.) Every item is FSA-approved so there's no guesswork, and you get free shipping with purchases of \$50 or more.

You must file claims for Healthcare FSA and Dependent Care FSA expenses by March 31, 2019.

It's easy to submit claims via connectyourcare.com, or by downloading the myCYC mobile app for iOS and Android devices. In addition to submitting claims, you can view FAQs and eligible expenses. If you need more help, connect to the myCYC live expert care team with just one tap.