



# EMPLOYEE BENEFITS QUARTERLY

Spring 2018

## FSA Spring Cleaning

Do you have money sitting in your WageWorks Flexible Spending Account (FSA)? Well, what are you waiting for? Spend it!

You have until **March 15, 2018, at 10:59 p.m.**, to use it or it's gone forever. You will still be able to file claims for healthcare and dependent care expenses with WageWorks until **March 31, 2018**.

If you enrolled in ConnectYourCare, our new FSA vendor, to manage your account, hold on to your receipts. ConnectYourCare may require you to upload them within 90 days.

For a list of eligible purchases, visit the [FSAstore online](#).

## Commuter Benefit Lag Eliminated

The point of public transit is convenience. We agree and ConnectYourCare gets it. Now, when you order your transit card by the 10th of every month, it's ready to use by the 1st of the following month. No more two-month lag time and no monthly administrative fee. How's that for convenience?

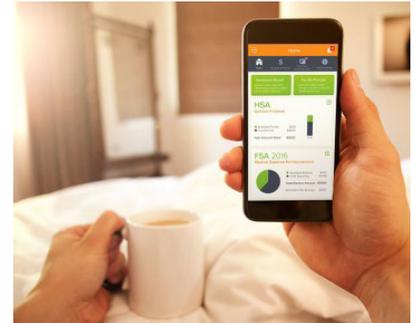


## Prescription Savings Guide

Monuments are etched in stone. But prescription drug costs are not. There are dozens of ways to save and CVS Caremark has put them all right at your fingertips. Go to [cookcountyrisk.com](#) and learn about cost-saving opportunities and what you have to do to take advantage of them.

## Upgrade to the New myCYC Today

You asked and we answered by completely redesigning our mobile app with you in mind. myCYC, our new mobile app, saves you time with each step. It's easier to use, more intuitive, completely secure, and it gives you total control.



- **Stay on top of your accounts.** Check your balances, provider payments and claims activity.
- **Eliminate documentation hassle.** Use your phone to take photos of claim documentation and upload them via the app in seconds.
- **Make your account work smarter.** Set up direct deposit, enter recurring claims, list family members, and more.
- **Get instant answers.** View FAQs and eligible expenses. If you need more help, connect to a live expert care team with just one tap.

New to the CYC app? Supercharge your account by downloading the app today.

Already have a CYC app? Make sure you have myCYC, with the green icon, to get all the benefits of our newest design.



# Go Red for Women's Heart Health

Across Cook County, employees demonstrated their allegiance in the fight against heart disease on Go Red for Women's Heart Health Day. During second quarter 2018, we're turning our focus to cancer awareness in April and lung health in June.





## Health Fairs

The month of May means one thing around here: It is employee health fair season. Here are a few reasons why you should attend:

**Check your blood pressure and cholesterol.** You can access important health screenings including vision, diabetes, carbon monoxide and blood pressure checks.

**You're struggling to meet weight loss and wellness goals.** Vendors will be on hand to answer questions and make recommendations.

**Achy joints and muscles got you down?** Get a free assessment by a licensed physical therapist and be on the road to recovery.

**Running out of healthy meal ideas?** Check out our healthy cooking demonstrations.

So we'll see you there — right?

Wednesday, May 16  
10 a.m. to 3 p.m.

### COUNTY BUILDING

10th floor  
118 N. Clark St., Chicago

Thursday, May 17  
10 a.m. to 3 p.m.

### MARKHAM COURTHOUSE

Lower Level  
16501 S. Kedzie Ave., Markham

Tuesday, May 22  
10 a.m. to 3 p.m.

### JUVENILE TEMPORARY DETENTION CENTER

Auditorium  
1100 S. Hamilton Ave., Chicago

Wednesday, May 23  
10 a.m. to 3 p.m.

### CRIMINAL COURTHOUSE

2nd Floor Cafeteria  
2650 S. California Ave., Chicago

Thursday, May 24  
11 a.m. to 2 p.m.

### FOREST PRESERVES OF COOK COUNTY

Board Room and Museum Room  
536 N. Harlem, River Forest

Tuesday, May 29  
10 a.m. to 3 p.m.

### SKOKIE COURTHOUSE

Room 201  
5600 Old Orchard Rd., Skokie

Wednesday, May 30  
10 a.m. to 3 p.m.

### PROVIDENT HOSPITAL

Cafeteria  
500 E. 51st St., Chicago

Thursday, May 31  
10 a.m. to 3 p.m.

### STROGER HOSPITAL

Lower Level Cafeteria  
1969 W. Ogden Ave., Chicago

## Lost or need a replacement ID card?

It happens. Your purse or wallet was stolen. You've checked everywhere — even between the couch cushions. Don't fret! Now you can contact the provider directly to obtain a new one, or download a copy from the web site.

### Blue Cross Blue Shield of Illinois

- For BlueAdvantage HMO call 800-892-2803.
- For PPO call 800-960-8809 or visit [bcbsil.com](http://bcbsil.com).

### CVS/caremark

- Call 866-409-8522 or visit [caremark.com](http://caremark.com).

### Guardian

- For HMO call 866-494-4542.
- For PPO call 866-302-4542 or visit [guardiananytime.com](http://guardiananytime.com).

### Davis Vision

- Call 800-381-6420 or visit [davisvision.com/member](http://davisvision.com/member).

### ConnectYourCare

- Call 844-284-6267 or visit [connectyourcare.com/cookcounty](http://connectyourcare.com/cookcounty).



## Life insurance beneficiary

The two key words here are *don't wait*. Unlike your health insurance election, you can review and make changes to your life insurance beneficiary designation year-round. You can review and update your beneficiary at [Lifebenefits.com](http://Lifebenefits.com).

## Health Benefits News

Many of you told us that you would like to see a doctor and schedule clinical visits at Stroger and Provident Hospitals under the BlueAdvantage HMO plan. The problem is both hospitals have been out-of-network — until now. Our medical plan provider Blue Cross Blue Shield of Illinois recently added Stroger and Provident Hospitals as in-network providers under the BlueAdvantage HMO plan. Now, you can get the convenience of visiting a provider you trust close to home, while enjoying all the advantages of the County's HMO health plan.



## Save \$25 Now When You Join Fitness Program

Looking for a new fitness center to join? We've got a deal for you!

Through March 31, 2018, you can sign up for the Blue Cross Blue Shield of Illinois Fitness Program and skip the \$25 enrollment fee.<sup>1</sup>

Get access to more than 10,000 participating facilities so you can work out at home, at work or on vacation.

Just log in to BAM at [bcbsil.com](http://bcbsil.com) and search for the Fitness Program under Quick Links. Enter the code **FIT4SPRING** at signup and get ready to get sweaty.

Your \$25-a-month membership puts you on the path to fitness:

- Exercise regularly to help you control your weight, reduce your blood pressure, boost your energy, sleep better and feel great!
- Access discounts through a nationwide Complementary and Alternative Medicine (CAM) network of 40,000 health and well-being providers such as massage therapists, personal trainers and nutrition counselors.
- Score weekly Blue Points<sup>SM 2</sup> for regular visits. You'll start off with 2,500 bonus points just for joining the Fitness Program. Redeem points for apparel, books, electronics, health and personal care items, music and sporting goods.

What's more, there's no monthly contract. You can cancel anytime.

Don't wait! After March 31, new members will be required to pay the \$25 enrollment fee. If you're already a member, you can get one month's membership free by referring a qualifying new member<sup>3</sup>, and that person will receive a free month's membership too.<sup>4</sup> Members can refer one new member per month.

To learn more about this fantastic offer or to sign up by phone, call 888-762-BLUE (2583) Mondays through Fridays, 7 a.m. to 7 p.m. CT.

- 1 New members must enter the coupon code FIT4SPRING to qualify for free enrollment until March 31, 2018. Members who do not use this coupon code will be charged the standard \$25 enrollment fee. After March 31, 2018, the regular enrollment fee of \$25 will apply to all new memberships. Members must be 18 or older to join the Fitness Program.
- 2 Program Rules are subject to change without prior notice. See the Program Rules on the Well onTarget Member Wellness Portal for further information. The Fitness Program is provided by Tivity Health™, an independent contractor that administers the Prime Network of fitness centers. The Prime Network is made up of independently owned and operated fitness centers.
- 3 Current members of the Fitness Program will receive one free month (value of \$25) during the next billing cycle upon enrollment of a qualifying new member. Limit of one referral per current Fitness Program member per month.
- 4 New members will only receive a free month of membership if they have a qualifying name and Fitness Program ID number of a current Fitness Program member. To ensure that they qualify, members should check their benefits. Members must be 18 or older to join the Fitness Program.

Blue Cross and Blue Shield of Illinois is a Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association.

### Have questions?

Visit [cookcountyrisk.com](http://cookcountyrisk.com) or contact Employee Benefits:

Email: [risk.mgmt@cookcountyil.gov](mailto:risk.mgmt@cookcountyil.gov)

### Blue Cross Blue Shield Hotline Numbers:

For HMO plan: 1 (800) 892-2803

For PPO plan: 1 (800) 960-8809



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