



Starting October 1, 2020, visit [mybenefits.metlife.com](https://mybenefits.metlife.com).

## Welcome to MetLife

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### Why we're contacting you

We're pleased to inform you that MetLife is the plan administrator and recordkeeper for Cook County's Basic Term Life and Supplemental Term Life insurance coverage(s) beginning October 1, 2020.

### What you need to know

There's no interruption or changes to your coverage. Annual Enrollment for Term Life will take place in early 2021. We'll mail you more information about Annual Enrollment soon.

### What you need to do

No action is required on your part. Please keep this notice for future reference.

Beginning October 1, 2020, you can visit [mybenefits.metlife.com](https://mybenefits.metlife.com) to:

- Access your coverage information
- Change or update your beneficiary information

First-time users will need to 'pre-register' for MyBenefits.

### Pre-registering online is easy

- Go to [mybenefits.metlife.com](https://mybenefits.metlife.com) and enter 'Cook County' in the **Company Name** field. Click **Next**.
- Click **login** at the top of the page.
- You will then see the **Welcome to MyBenefits** page where you can register as a MyBenefits user.

### We're here to help

You can reach us at 1-866-492-6983. We're available Monday through Friday from 8:00 a.m. to 11:00 p.m. Eastern time.

**Enclosure(s):** basic term life coverage information, supplemental term life coverage information.